

SELF-PROTECTION



Learning Objectives



Recognizing signs of abuse



Recognize typical sexual abuse patterns and outline solutions for response.



Identify private area of the body that others should not touch



Build a caring and solutive attitude towards sexual abuse that often occurs

The Importance of Self-Protection

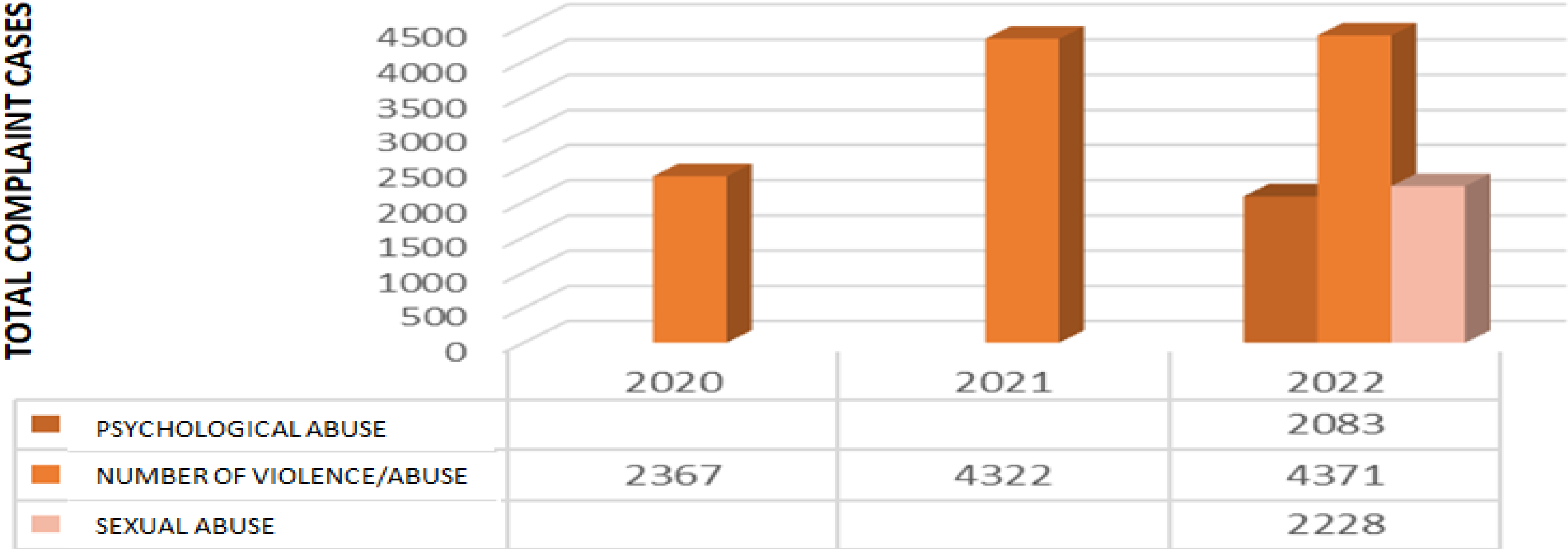
- All parts of the body are important and require to be protected. And psychological threats are equally significant.
- Sexual abuse is a type of violence that harms mental health.



Data on Women's Abuse Cases

Source: National Commission on Violence Against Women 2022

REPORT OF VIOLENCE / ABUSE CASES



Types of Sexual Abuse

01

Rape

02

Sexual intimidation
including threats or
attempted rape

03

Sexual harassment

04

Both Women and Men
Trafficking for sexual
purposes



Types of Sexual Abuse

05

Sexual torture

06

Contraception and
sterilization
coercion

07

Pregnancy coercion
(female only)

08

Gender
Harassment



Forms of Sexual Abuse

09

Sexual
Exploitation

10

Prostitution
Coercion

11

Sexual Slavery

12

Marriage Coercion



Forms of Sexual Abuse

13

Abortion
Coercion

14

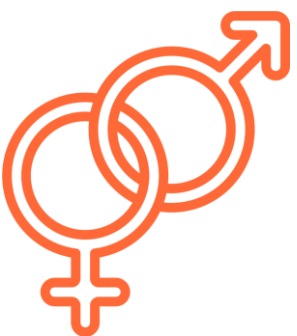
Sexual
Control

15

Inhumane and
sexualized punishment

16

Sexualized
traditional
practices



Impacts of Sexual Abuse

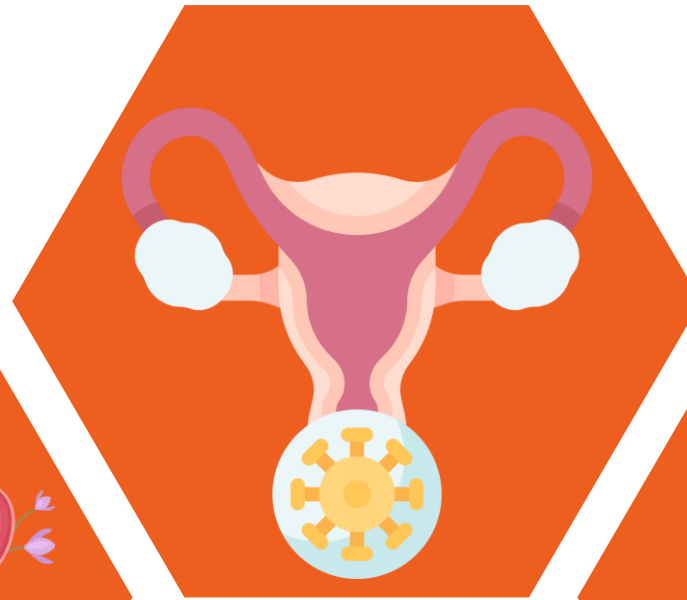
Cuts,
bruises,
injuries in
the
genitals
and anus



Taking away the
right to
protection in
home, work,
and public
spaces.



Reproducti
ve health
disorders
due to
infection
with sexual
diseases.



Reproductive
disorders:
prolonged pain,
menstrual
disorders,
infertility.



Sexual
dysfunction:
loss of arousal,
hypersexuality,
change in sexual
orientation.

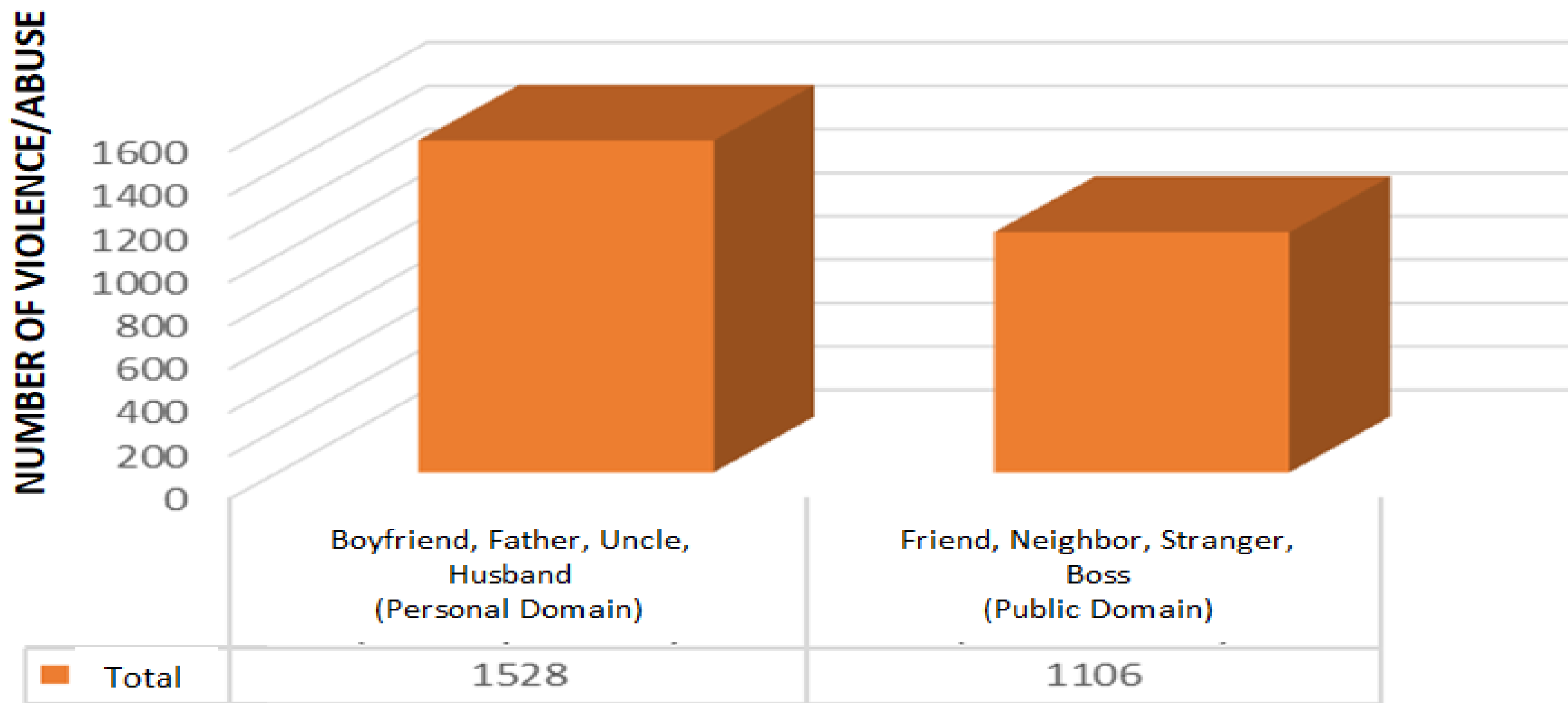
Psychological
reactions:
depression,
anger, guilt,
trauma, and
suicidal
thoughts.



Sexual Violence Perpetrators

Source: National Commission on Violence Against Women 2017

PERPETRATORS OF VIOLENCE / ABUSERS



Steps to Take When Witnessing or Experiencing Sexual Abuse

Acknowledge that responsibility for violence lies with the offender, not the survivor



Ensure security and safety



Try to keep evidence



Report immediately



Tell a trusted person

World Vision

INDONESIA

Wahana Visi Indonesia bermitra dengan World Vision yang mendukung KOICA PMC Project yang bertujuan untuk meningkatkan Rehabilitasi Sosial bagi Remaja Rentan di Indonesia yang di inisiasi oleh Korea Institute for Development Strategy (KDS). ReBach Internasional dan World Vision Korea dan didanai oleh Korea Cooperation Agency (KOICA)

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