

Type of Support System



Learning Objectives



Practicing how to provide forms of support according to today's material



Have an attitude of actively engaging in learning

What is Support System?

"Someone close to us who provides emotional, practical, and informational support, such as family, spouse, or best friend, to help in various life situations."







The Importance of Support System











Reduce stress

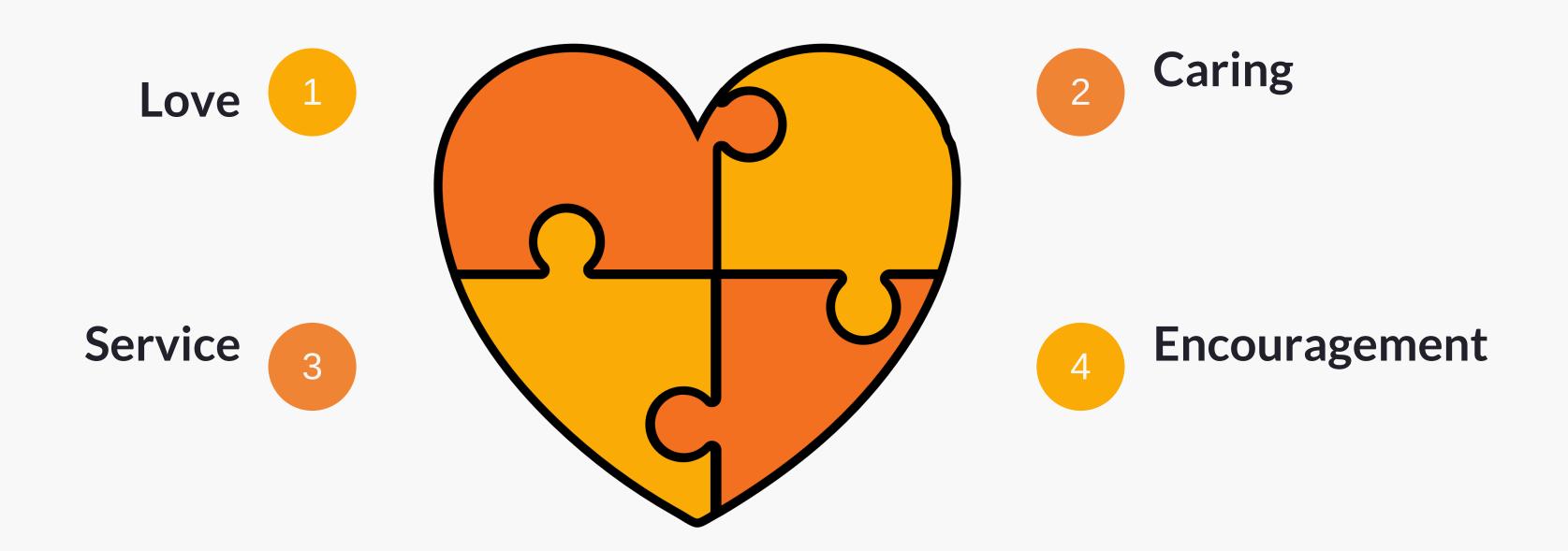
Increase selfesteem Increase sense of belonging

Better stress | Improved mental management skills | wellbeing



Type of Support System













Love: Deep and positive feelings such as providing emotional support, trust and acceptance, encouragement and motivation, and providing a sense of security and comfort.



Caring: A sense of care and concern for the physical, emotional and psychological needs of others. Manifested through support, comfort and protection.









Service: The act of helping and serving others, whether through physical assistance, providing information, or emotional support, to meet needs and improve quality of life.



Encouragement: Providing support, encouragement and motivation to help a person face challenges or achieve goals, which can improve self-confidence and emotional well-being.



INDONESIA

Wahana Visi Indonesia bermitra dengan World Vision yang mendukung KOICA PMC Project yang bertujuan untuk meningkatkan Rehabilitasi Sosial bagi Remaja Rentan di Indonesia yang di inisiasi oleh Korea Institute for Development Strategy (KDS). ReBach Internasional dan World Vision Korea dan didanai oleh Korea Cooperation Agency (KOICA)

















