

# Discipline Issues in Youth



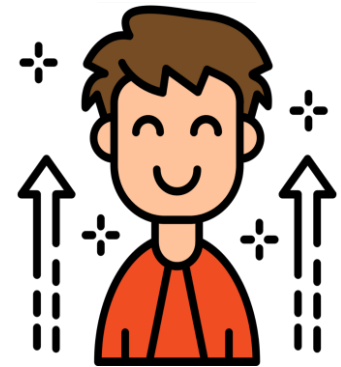
# Learning Objectives



Identify issues related to discipline in youth



Consider the greatest obstacles to personal independence



Build a reflective and honest attitude

# Anchors that Strengthen Youth

1. Clean one's own room



2. Doing home chores



3. Completing homework



4. Saving



5. Develop skills



6. Volunteering



7. Participate in family events



8. Important relationships with adults

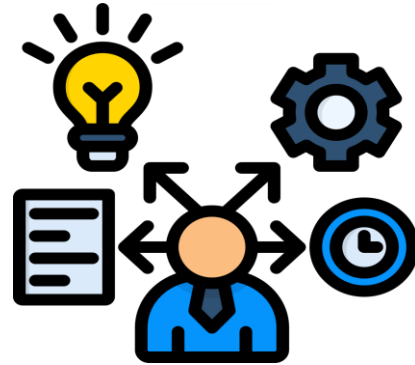


# The Challenge of Independence



## 1. Great Freedom

- Youth have full control over their decisions.



## 2. Great Responsibility

- Success depends on how they manage their own lives.



## 3. Great Distraction

- A social environment full of entertainment can take the focus off

# Signs of Psychological Dependence



## 1. Inability to Complete Tasks

- Often start things, but can't finish them.



## 2. Inability to Commit

- Often make promises or all sorts of resolutions, but are unable to keep them.



## 3. Inconsistency in Effort

- Can work quickly, but cannot sustain the effort in the long run.

# Anchors that Strengthen Youth

1. Sleep deprivation



2. Pressure from delaying work



3. Debt due to overspending



4. Loneliness due to being away from home



5. Feeling insecure in new situations



6. Have poor nutrition and health



7. Having no clear direction in life



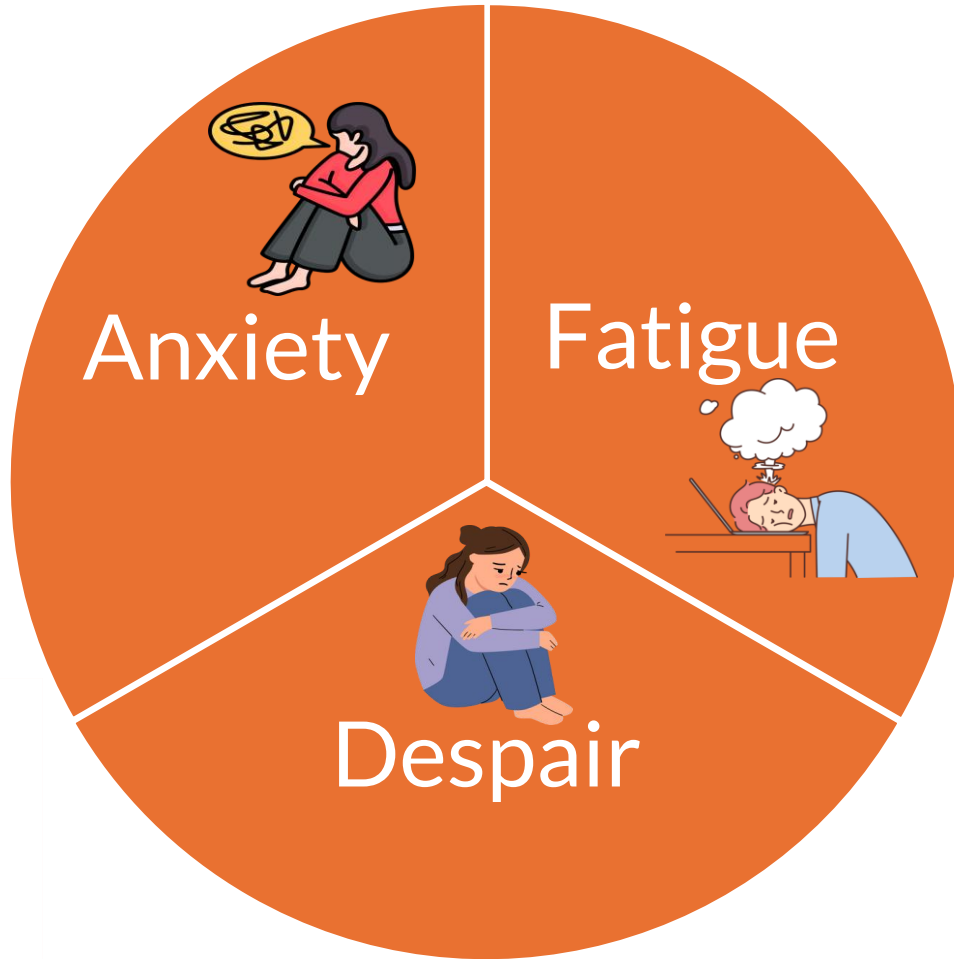


# Youth Tendencies in the Late Stage

Tend to use more time for recreation and escape, fail to fulfill all obligations, and have low self-esteem due to feeling incompetent at this older age.



# Common Problems Faced



Teenagers now face  
the toughest  
challenge of all:  
**how to finally learn  
to act adult  
independently**



# How Adults Help Youth in the Independence Stage

## 1. Not Accepting Excuses or Making Exceptions

Let them deal with the consequences of their actions.



## 2. Empathic Listening

Show respect and understanding without judgment.

## 3. Do Not Over-Criticize

Avoid pressuring them with too high expectations.



## 4. Encourage and Support Their Courage

Encourage them to keep trying and learn from their mistakes.

# World Vision

INDONESIA

Wahana Visi Indonesia bermitra dengan World Vision yang mendukung KOICA PMC Project yang bertujuan untuk meningkatkan Rehabilitasi Sosial bagi Remaja Rentan di Indonesia yang di inisiasi oleh Korea Institute for Development Strategy (KDS), ReBach Internasional dan World Vision Korea dan didanai oleh Korea Cooperation Agency (KOICA)

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